



# STAND UP FOR KIDS

**Adopt a Youth Program**

# Adopt a Youth Program



Did you know that right now, there are **more than 1.7 million** homeless and at risk youth in the United States?

Through our affordable, monthly giving program, sponsored youth receive the right help at the right time, including:

- Health care (dental care, prescriptions, medical care)
- Food
- Clothing
- Educational opportunities, and school supplies
- Employment skills and internship opportunities
- Access to housing and apartment support
- Life skills training

The benefits of being a sponsor are countless. Not only do sponsors bring hope to a young person, they are also kept up to date on how their sponsored youth is doing by receiving regular newsletters and photos. By sponsoring a youth today, you give the youth a chance at a better future and also assist in reaching a common goal: creating a community of responsible, healthy, contributing adults.

Many of these youth are victims of neglect and abuse and feel safer on the streets than with their family. These youth go without access to proper medical care, education, emotional support, adequate housing, and decent clothing, a lot of which negatively impacts their chances for a better future. These 1.7 million children are suffering in silence and need your help.

By becoming a StandUp For Kids youth sponsor, you can help give a voice to these youth.

The StandUp For Kids® Adopt a Youth Program is helping homeless youth across America by providing meaningful benefits and services that help them reach their full potential.



## Who We Are

StandUp For Kids (SUFK), was founded in 1990 as a national non-profit organization. We are an organization committed to ending the cycle of youth homelessness.

StandUp For Kids provides ongoing training to local volunteers who in turn provide support to at-risk youth who are looking to improve their lives. Counselors go out to the street to give youth an opportunity to speak with someone who can give them information on the various tools StandUp For Kids provides (see “How We Help” section).

Our focus does not stop at outreach, we provide a continuum of care to address each and every challenge a youth may face on his or her way to a better future.

## How We Help

As a nonprofit youth organization, StandUp For Kids focuses on easing the burdens placed on homeless and at-risk youth. Our caring sponsors and donors give youth from around the country an opportunity at a better life.

The StandUp For Kids Adopt a Youth Program is designed to impact every aspect of a youth's life. Sponsored youth receive life-changing assistance in areas such as:

- **Health:**  
Access to a doctor, dentist, vaccines, medicine and mental health professionals.
- **Nutrition:**  
Feeding programs, supplements and educational programs.
- **Education:**  
School supplies, tuition assistance, vocational training and GED preparation.
- **Employment:**  
Training, internships, resume writing, and interview skills.
- **Housing:**  
Apartment support and housing assistance.

## What Benefits Will the Youth and Sponsors Receive?

Youth sponsorship is a unique and personal way for you to make a difference in the life of a young person and your community. By becoming a sponsor you'll see your gift in action through the lives of the youth we serve while, becoming part of the journey to end youth homelessness.

**Through quarterly updates, you'll witness how your contributions make a difference.**

The youth you sponsor through StandUp For Kids will receive opportunities and services that most homeless youth will simply never see.

## Sponsorship Types

Monthly sponsorships are available for \$29 per month, which will be used to provide your sponsored youth with the care and assistance they need, such as access to health care, food, and shelter. Yearly sponsorships are also available for \$290 per year, which will assure that your sponsored youth will receive adequate assistance throughout the year.

All sponsorships and contributions qualify for tax deductions.



**With your support, we can give these youth what they need to survive and make the first steps towards a better future.**



### Health

Youth who are homeless are exposed to dangers every day:

- Physical or sexual assault
- Self medication with drugs or alcohol
- Health risks without proper medical attention
- Not being able to reach their full potential

**Healthy youth have a better chance of overcoming homelessness and succeeding in life and in turn, helping others.**

StandUp For Kids Adopt a Youth Program focuses on youth's overall health by providing:

- Routine checkups
- Medications
- Dental checkups
- STD /HIV screenings
- Health and hygiene education
- Nutrition

**Statistics show that 57% of homeless kids spend at least one day every month without food.**

It is a sad fact that many homeless youth in America do not get enough to eat, and the meals they do have are often deficient in essential nutrients. We at StandUp For Kids know that by providing good nutrition to these kids, we in turn help:

- Strengthen their immune system
- Enhance the cognitive and physical development
- Increase concentration in schoolwork

### Nutrition

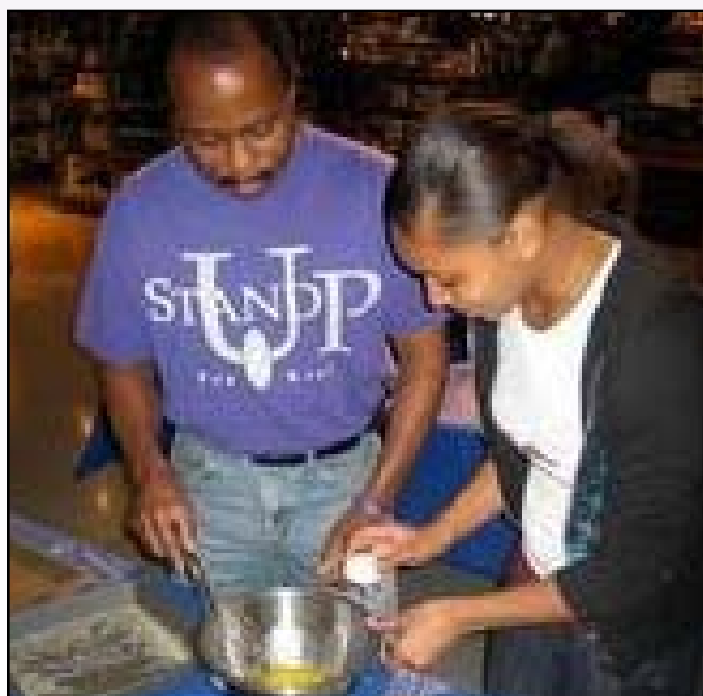
Youth are homeless all over America and they need people who care enough about them to give them a hand up in their journey from life on the streets to a life of opportunity. It is hard to make that journey hungry. Basic meals are a foundation to basic change and giving a youth a nutritious meal puts hunger in the background of a kid who needs to start focusing on a new life.

StandUp For Kids sees the reality of hunger on the streets. The kids reach a point of desperation and will do just about anything to eat. They will dig through dumpsters, beg and even steal for food. Our goal is to help meet kids' basic need for nourishment while we work with them to transition to a life full of opportunities they deserve.

The kids will gain a true sense of community by sharing mealtime with their peers and our outreach volunteers.

Eating at fast food restaurants is generally unhealthy so volunteers try to help kids obtain more nutritious meals. Many of the youth can only afford eating fast food everyday because of their limited income. When we find them we give them granola bars and a nutritious, hot meal. Outreach center foods provide healthy full meals a complete wholesome family meal opposed to fast food. Providing meals to our kids enables them to continue with education (GED, High school, Trade school, etc.) Our kids don't go to sleep with an empty stomach because going hungry can lead to poor performance in school or work.

Our centers bring in nutritionists and have volunteers who play games with the kids to teach them about healthy choices and the importance of a healthy diet.



### Education

To a homeless youth, education is the doorway to a world filled with possibility.

StandUp For Kids provides the necessary financial support and case management to homeless youth so that they may finish their education, fine-tune their skills and realize their full potential.

**Currently, only 26% of homeless youth graduate from high school and youth who work with StandUp For Kids currently lack a support system that promotes or facilitates education.**

Your sponsorship keeps youth in school by providing:

- Clothing
- Supplies - backpacks, calculators, notebooks, pencils and pens
- Books-textbooks, study area and computer access
- Study Aids - tutoring, educational workshops and special youth programs
- Assistance with Financial Aid, grants and loan applications
- Stipends for talented youth to continue their education in either college or trade school settings
- GED preparation, vocational training and assistance with fees

### Employment Assistance

StandUp For Kids helps homeless kids to seek employment. Our volunteers assist kids with the entire application process.

StandUp For Kids volunteers set up and assist youth with mock interviews, resume editing, teach customer service skills and budgeting classes.

We have also created job boards and encourage the youth to know they are capable of achieving their goals. Our goal is to help the street youth become self-sufficient and productive members of society. SUFK helps to define their skills, develop their skills, and help them get into college or in the alternative, to a form of employment. We are here to help them get where they want to go plan the route.

### Apartment Support

In order to improve the lives of homeless and at risk youth, we must strive to improve the conditions of the entire family.

In an effort to create a more comfortable, safe and sanitary home, StandUp for Kids has developed an Apartment Support program to provide an effective method of transitioning kids off the street.

Sponsored youth may receive benefits such as:

- Bedding, dishes, eating utensils and cleaning supplies
- Home repairs and furnishings
- Activities to promote values, life skills and civic involvement
- Life skills: budgeting, meal prep, purchasing foods, safety and cleanliness.

SUFK is committed to providing the best possible environment in order to ensure a happy and healthy future for these young adults. With your support, we can provide the much needed sustenance to keep StandUp for Kids going strong.



**Become a Sponsor Today and StandUp For Kids!**



## StandUp For Kids Sponsorship Program

**In 2010 alone, StandUp For Kids' unique set of life-shaping benefits and services were delivered to over 48,000 youth.**

For only \$29 a month, we can provide each sponsored youth with basic access to medical professionals, nutrition, education, employment, and housing.

**Together, we can help put an end to youth homelessness.**

**Take the leap today and  
become a sponsor!**